

PEPPERMINT OIL



Peppermint essential oil contains numerous minerals and nutrients including manganese, calcium, iron, magnesium, folate, potassium, and copper. It also contains omega-3 fatty acids, Vitamin A and Vitamin C.

Application: Apply topically, take orally, massaged, in a bath or diffuse. Take orally for indigestion, abdominal cramping, gas, acid reflux, intestinal parasites, or bad breath.

Safety: Always consult an expert.

Mail us:

mail@medzushealth.com
www.medzushealth.com

